

## POST-OP EAR SURGERY

Dear patient:

Thank you for the confidence in allowing me to do your surgery. I hope this might help you to know what to expect postoperatively.

1. The pain is usually moderate for 2-3 days and will gradually improve.
2. It is normal to have bleeding post operatively. This will subside within 48 hours. This bleeding may warrant you to use an old shirt and pillowcase because it can drain around the bandage. Please don't be discouraged, this will stop.
3. It is normal not to be able to hear from your operated ear for 12 weeks.
4. It is normal to have drainage, sometimes bloody, for 12 weeks. I will follow this closely postoperatively. **DO NOT USE ANY ASPIRIN OR ASPIRIN PRODUCTS (MOTRIN OR IBUPROFEN)** for two weeks after surgery.
5. Please change the packing in your ear protector as it appears to be soaked with blood and drainage. This can be done as early as 24 hours after surgery.
6. Please clean the dried blood around the ear and hair with a damp, **CLEAN** wash cloth. This can be done as early as 24 hours after surgery.
7. Do not get the area behind the ear or in the ear wet until you have seen me postoperatively.
8. Do not shampoo your hair until you have seen me unless you can guarantee that the area will be kept dry. Most people can do it with help in the kitchen sink.
9. Wear the ear protector until your first postoperative visit. If it bothers you, loosen the Velco straps. If it still bothers you, take it off, but be careful of any ear trauma and keep the surgical area clean.
10. NO SWIMMING OR WATER IN YOUR OPERATED EAR FOR 3 MONTHS.
11. Limit your physical activity for 3-6 weeks.
12. The sutures will dissolve on their own and normally do not have to be removed.
13. Please call me if you have any questions or problems.

Sincerely,

Camille A. Graham, M.D.

Neil M. Vora, M.D.

Wha-Joon Lee, M.D.

Michael J. Wiebel, M.D.